

**Bahirdar Orthopedic Network & Exchange with Severn region(B-O-N-E-S)**  
**Bahirdar residents UK visit report.**

*November 9 to December 1 2019*

The partnership just started with email communication between Bahirdar and Bristol Orthopedics training region team after introductory email for both institution staffs was made by former Bristol trainee current medical director and Pediatric orthopedic surgeon at Cure Ethiopia Children Hospital called Mr.Richard Gardner.

Alot and lots of email, skype communication was made and our link get structured as time goes on.

First physical visit happened after months of communication and visiting team was having a chance to know local staff in Bahirdar and saw the opportunities for collaboration. The next team visit was more structured and focused on delivering Primary Trauma Course(PTC) and teaching activities. World Orthopedics Concern Uk and Britain Orthopedic Trainees Association (BOTA) was keen on our link and for exchange program invitation was sent chief and senior(Bekalu and Biniyam) Residents in Bahirdar to visit UK and attend BOTA 2019 Congress. We applied to UK immigration service on line for Visa clearance and took a month to get a successful Visa for our visit.



It was an extraordinary feeling getting it successful by the time.

We were very much happy because it was a huge chance for us. Our visit schedule rearranged for about 3 weeks incorporating AO Trauma course, 3 Hospitals clinical Observership and BOTA Congress attendance and presentation on training Orthopedics in Ethiopia.

The dream come true visit started on November 9 flying from Addis to London, arrived to London Heathrow on cold but sunny morning.

The panic resolved when we first met our instrumental host Mr.James Berwin(WOK UK representative from BOTA committee).

We drive to Hitchin for our AO trauma course which was superly organised and got a life time principles from world class faculties. We are very much thank full for AO alliance foundation and AO Trauma for giving us this chance.

After completion of our course we drived to Bristol training region for our clinical observership. We observed at Musgrove park, Great Western, Southmed & Bristol Royal children Hospitals. We attended trauma meeting, Observed at OR, make ward rounds, attend teaching sessions and make presentation about our training in 3 different sites before BOTA meeting. We had met residents, consultants and no words for their service. Every bit of our visit was surprise after surprise and learned alot curricular and extracurricular points from every encounter.

We had a sudden chance to attend a shoulder and elbow club of Wales and South region in Usk, Wales and met a lot of experts.

There were site seeing on weekends which add a special flavor to our visit and invited to 3 different dinners(BOTA gala dinner was special) including Bahirdar reunion dinner in Bristol. Our last and most important one was Britai Orthopedic Trainees Association Congress, we met fantastic trainees and consultants out there. We give a very good insight to Ethiopian Orthopedics and participants showed great interest to be part of different regional exchange programs.

We were just amazed with the strenght, history and future of BOTA. Overall it was a life changing and high level visit which ended up more than our expectations. It was a kind of chance which didn't happen now and then but for us were lucky enough to have those people of good heart, already part of global orthopedics family at this juncture of our career.

Filming of Orthopedic lectures,OR activity,Trauma care will be made both in UK and Bahirdar , will be aploaded to easy android app to be accessible by Bahirdar and UK residents. We will present on our experience, how we can improve?,what to adopt to our practice?,and way foreward to our department, College and Hospital. Finally we are thankful to AO alliance, BOTA,WOC UK, Bahirdar University & every one hosting us!!!